



Sacred Heart Resident's Gazette

May, 2024
Issue #1

Co-Editors

Carol Stanton and Pat Forrest

Welcome to the inaugural issue of the Sacred Heart Resident's Gazette! We want to use this newsletter to help our fellow Residents get to know each other better. Each month, we will tell a story or two about the folks we live with in this beautiful and blessed place. So, let's start by introducing ourselves to you.



Carol Stanton came to the Little Sisters from Cathedral Place Apartments in January of this year after twenty years. She came here after complications from surgery for a broken hip.

During her lifetime, Carol worked at the Muscular Dystrophy Association, the Refugee Resettlement Program, and Catholic Social Services. She was also

the Resource Director and the Volunteer Coordinator at USA Medical Center.

Her volunteer activities included teaching the Sacraments to CCD classes. She was the Religious Director for grades K-8 and adults entering the Catholic Church.

Carol wrote and conducted prayer services, helped publish several newsletters, and is currently the Resident Council President here at Sacred Heart Residence.



Pat Forrest had been trying to get into Sacred Heart Residence since 2014. In February of this year, her dream came true.

Pat was born and raised in Mobile. She attended high school at the Convent of Mercy in Mobile. She said she had so much fun at the all-girls school.

Pat spent two years in college at South Alabama before deciding to attend Loyo-

la University in Chicago. That's where one of Pat's many life adventures began.

Pat spent six months studying in Rome, Italy, as part of Loyola's international studies program. She loved visiting the many small churches in the area, not just the most famous ones.

She worked with substance abuse and transitional patients at mental health centers. Pat has always been active and is currently the 2nd Vice-President of the Resident Council here.

In each newsletter, we will feature at least one of our fellow Residents. We've interviewed Father Tom Weise, the Chaplain for the Little Sisters of the Poor at the Sacred Heart Residence. Please feel free to make suggestions for our future. After all, this is YOUR newsletter!



“I was born at noon on Saturday, October 24, 1936. I attended grammar school in a very lovely suburb of Chicago called Riverside.”

“A landscape architect designed our town to save the oak trees. Most of our streets are circles. Downtown Riverside is very quaint and looks like the early 1800s.”

“I attended a very difficult preparatory high school in Downtown Chicago, which specialized in Latin and Greek for boys considering a vocation to priesthood.”

“At thirteen years old, I was not prepared for school six days a week, and choir at the Chicago Cathedral on Sunday. I hated the place, so I purposely flunked out of Quigley High School.”

“Fortunately, at the end of the school year, my father announced that we were moving to Clearwater, Florida. My Father and I loved Florida. My mother didn't care much for the heat in central Florida.”

“Then, a very good thing happened! We drove to Chicago to sell our house. During that trip we stopped in Cullman, Alabama. My cousin there was a priest in the Benedictine Monastery.”

“I fell in love with the monastery and the streams and lakes located on and

near the 2,000 acres. I began the sophomore year of high school (my 3rd year) at that monastery and earned my diploma in 1954.”

“After two years in their junior college seminary, I graduated with the highest grades in the class. Those in charge of the monastery said I talked too much to be a monk!”

“Bishop Toolen told me to report to St. Mary's Seminary and University in Baltimore, Maryland. It is the oldest seminary in the U. S., and was the largest seminary in the world at that time.”

“The Church ordained me on May 31, 1962. I was only 25 years of age.” After my first year, I went to St. Louis University and earned a master's degree in social work and studied law. “

“Since my ordination, I've had several assignments. I've served as Director of Catholic Charities. I worked for the American bishops as an evaluator of American Catholic Overseas Aid in Africa, Asia, and South America from 1971 to 1974. In 1972, I was shot at in a caravan in Delat, Vietnam. They missed!”

“I have pastored parishes in Atmore, Bay Minette and Phenix City. Also, I was pastor at St. Francis in Toulminville for 19 years.”

“I came to the Little Sisters as Chaplain for the second time in June of 2023. I was Chaplain 43 years ago for five years, including during Hurricane Frederick. I am grateful to be here once more!”